

## Summer Camp On The Lake



This summer there were approximately 2200 campers at our newly organized Camp On The Lake, located on 25 acres on the shores of Lake Lewisville. During the twelve weeks of camp, campers participated in activities such as: archery, swimming, horse-back riding, boat rides/tubing, canoeing/kayaking, group games, nature exploration, camp crafts, hiking, sports, BB's, fishing, field games, theme camps such as "Clash of the Olympians" and many more.

At YMCA Camp on the Lake, we believe that magic happens when children explore the world around them, make new friends, and learn that "I can" is much more powerful than "I can't." YMCA Camp on the Lake is a premier camp environment created just for

kids. At COL children learn life skills, develop self-esteem, and gain a sense of independence and community. Whether they are playing, exploring nature or conquering new heights, they are creating memories that will last a lifetime.

Jeff Hull, Park Cities YMCA Family Program Director, has facilitated summer camp experiences for 14 years. He said "Summer camp has always been special to me because each summer brings new excitement and adventures to all the kids that come to camp. Camp is the place where kids can try new things, be themselves and really grow as a person. The experiences and values that children get from a YMCA summer day camp experience are things that will stay with them forever."

## Summer Showtunes Musical Production

This summer there were seventeen kids who chose to go beyond the traditional summer day camp, by learning skills that belong in the spotlight. The kids spent three weeks rehearsing for a high-energy production of SUMMER SHOWTUNES, sponsored by the Dallas Summer Musicals Academy of Performing Arts. Songs from A Chorus Line, Legally Blonde, The Wizard of Oz, Mary Poppins, The Lion King, Wicked, Hairspray, Annie, Disney's Beauty and the Beast, Sound of Music, Oliver, and Cats were among the musicals chosen for the 2010 Summer Show Tunes revue.

In addition to the seventeen kids from the Park Cities Y, there were also forty-seven kids from Lewisville and Frisco Dance Studios. This was the fifth full scale performance through our collaboration with Dallas Summer Musicals Academy which began two years ago. Approximately four-hundred people were in attendance at the The Hall of State Theater at Fair Park.

The next musical theatre productions for the Fall are: Toy Camp for ages 7 and up; Glee Kids for ages 11-16 and Glee Mix for ages 16-Senior Adults. For more information visit our website at [www.pcyymca.org](http://www.pcyymca.org).

## YMCA Softball Tournament

Despite the temperature well above 100 degrees, the Park Cities YMCA Softball Team won 2nd place in the Dallas YMCA Softball Tournament. After winning 5 consecutive games, The "Parkies" were defeated by the Rockwall YMCA. Rockwall Y double dipped the undefeated "Parkies" to take home the 1st place title. In 3rd place was the YMCA at White Rock. The top two winning teams received t-shirts as an award for their performance. Special thanks to Cyndi Murchison, Park Cities YMCA Sports Coordinator for organizing the tournament.

## 3rd Annual Kids Triathlon



On Sunday, August 1, the Park Cities YMCA hosted its 3rd Annual Kids Triathlon. Judging from the 151 who participated, it was a great success! Triathlons are becoming the new, popular sport for kids, and the Park Cities YMCA wanted its youth members to have this experience. This event is designed for any child, ages 7-14, regardless of athletic ability or prior triathlon experience. The courses and distances were created to be achievable for all athletes. The philosophy behind the event is completion rather than competition.

Everyone received a tee shirt and bracelet for competing and a pep talk to keep having fun and staying fit! Young tri-athletes walked away from the event with a sense of honor and pride, knowing that they completed a triathlon.

Congratulations to all the athletes who participated in this event! Special thanks to our sponsors who made this race possible and to all of our volunteers who donated their time to help make a great and safe race experience for the kids.



## Mark Your Calendar

September 17 Family Night 6:00 - 8:00 pm, October 5th Annual Fall Festival 5:00 - 7:00 pm, October 30 CHAMPS Halloween Dance 1:30 - 3:30 pm, November 5 Family Night 6:00 - 8:00 pm, November 15 26th Annual C.A.R.E. Breakfast 8:30 am